

DLM 3

Step 1: a title: Prostate Disease and the Surrounding Emotions

Step 2: Prostate disease is linked to a man's feelings and emotions regarding his sexuality and therefore prevention and treatment techniques must incorporate healing methods that effect change beyond the physical body.

Step 3: My research has shown me that this field of practice does not exist, not in conventional terms. I could not find a workshop, medical center, hospital, or urologist who addresses a man's feelings and emotions regarding sexuality in order to prevent or treat prostate disease. This does not mean that they don't exist, I just couldn't find them. I did find workshops specifically for men but prostate disease was not the primary focus. It is my intention to show how the prostate can be affected by a man's feelings and emotions (his energetic system), a conclusion that was reached by reading published information not through clinical research, and to then make the point that this system, in addition to the physical body needs to be treated in order to prevent/treat prostate disease.

Step 4: Key points: What is a prostate? What is meant by prostate disease? Why does the prostate become diseased? What are the current treatments for prostate disease? What is being done to prevent prostate disease? What is missing in regard to treatment and prevention? What is the human energy system? How are feeling and emotions related to the human energy system? How can feelings and emotions affect the prostate? How does the human energy system affect the prostate? How can prostate disease be prevented or treated using the human energy system?

Step 5:

- I Symptom vs. cause
- II The Prostate
 - A. Physical aspects
 - 1. Size
 - 2. Shape
 - 3. Location
 - 4. Structure
 - 5. Function
 - B. Energetic aspects
 - 1. Shape (aura)
 - 2. Function (hara)
 - 3. Purpose (Core Star)
- III Prostate Dis-ease (Prostatitis, BPH, Prostate Cancer)
 - A. Prostatitis
 - 1. Cause & Contributing Factors
 - 2. Signs and symptoms
 - B. Benign Prostatic Hyperplasia (BPH)
 - 1. Contributing Factors
 - 2. Signs and symptoms
 - C. Prostate Cancer
 - 1. Contributing Factors
 - 2. Signs and symptoms
- IV Prostate dis-ease treatment
 - A. Treating the physical level
 - B. Treating the energetic level
- V Prostate dis-ease prevention
 - A. Prevention of physical symptom
 - B. Prevention of energetic symptoms

Step 6: Outline the Conclusion

After reading my paper it should be clear that the human energy system, part of which is made up of the feelings and emotion, is linked to the physical body, for purposes of this paper the prostate, and that dis-ease prevention and treatment should include, but not be limited to, working with a man's energy system.

The next step would be to conduct a clinical trial. This would be extremely important because the American Cancer Society states that there is no scientific evidence to support

the claim that Reiki or Therapeutic Touch (Brennan Healing Science was not listed and these are the closest in technique) can help treat cancer or any other type of illness.