



BBSH[®] IN TOUCH

Issue #1

Dedicated to the evolution of the human spirit

March, 2000

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From Laurie Keene, Director of BBSH

Dear Alumni,

Greetings from BBSH 2000! As we move into this new century, BBSH is ever thankful for the continued life on this planet and for the opportunity to participate in world service through education, healing, and the expanding community of the sacred human heart.

As alumni, you are an essential part of this community. You take what you have learned out into the world and scatter the seeds of healing to the far reaches of the globe. We are grateful for who you are and what you do. For its part the School continues to spread its wings; evolving, deepening, and expanding its vision with each passing year.

1999 was a year of growth and change. We gave our healing work the official title of Brennan Healing Science, so please use this when referring to the work you do and let's get the word out about this profound way of healing. Barbara published her second volume of *Seeds of the Spirit*. It is a beautiful book of Heyoan channeling that she transformed into poetry. We plan to release a new volume each year. Two of Heyoan's poems are included in this newsletter for you to read. We also released two CDs of Marjorie's exquisite channeled harp music. They are available on the web or through the

Heyoan Poems

Great Spiritual Beings

*Great spiritual beings exist
within, outside of, around and far beyond
this planet of yours.*

*Your mother, the earth, rests
within the center of this earth
and has her body fully manifested
in all those beings
that draw their bodies up out of the earth,
so you are most automatically
a part of the divine mother.*

The Connectedness of All Life

*Look at the synchronicity
in the greater portions of your life,
finding each moment connected to the next,
and to all moments.*

*Each moment is connected to all moments
that have existed in the past
and to all future moments.
For you are not limited
to only physical human existence
but exist in many dimensions.*

*For outside the imagined walls
of time, space and patience
exists a greater reality,
far beyond that which, perhaps
you have considered to be real.*

office. The Graduate Program was initiated with Sherry Pae as Dean. She worked throughout the summer with Kahea Maureen Morgan in creating a curriculum that takes Brennan Healing Science to new heights of professionalism. Workshops are now also led by Donna Evans-Strauss, Dean Ramsden and myself, as well as by Barbara. You are invited to attend the Friday lectures. Call the administrative office (ext. 128) for your complimentary ticket. With the growth of the School and the tremendous administrative support it requires, I turned over the Teacher Training Department to Dean Ramsden. And, here in East Hampton at the BBI office, we have the most wonderfully dedicated administrative staff. I wish you could know each and every one of them. In fact, if you are ever in the neighborhood, please stop by. We would love to see you!

As we let go of last year and step into the next, we hold loving remembrance of those members in our community who passed away. They were Marjorie Valeri, Marilyn Schneider, Margery Ann Smith, and Wick Stern. We hold them dearly in our hearts as they each continue their journey home.

Now, as we look to the future of BBSH, more growth and exciting changes are afoot. One was the BBSH participation in a conference in Hawaii sponsored by the University of Hawaii's School of Nursing "Bridging East and West: Expanding Boundaries in Healthcare". It was created by Jane Starn, a Teacher Trainee at BBSH and Assistant Dean of Nursing at the University of Hawaii. It was a fabulous conference with research as the focus and featured Barbara as a keynote speaker. It was so moving to be with such a broad range of people, from traditional Hawaiian healers to Barbara representing Brennan Healing Science to research scientists to professors from the School of Nursing to the directors of federal agencies, and all with the common purpose of expanding the approach to health care. As other events happen, we will keep you informed.

Until then, may love, always love, be your constant companion and guide.

Love, Laurie



Illustration by Durga Bernhard

Graduate School Update

As many of you may have already heard, BBSH gave birth this fall to the BBSH Graduate School. It was truly a blessed event as we held "The Consecrated Heart" as the theme for the week's teachings.

Twenty-one students from seven different countries and five graduating classes came together for the first week of their two-year program. Split into two groups, these students also combined classes throughout the week to learn, study, and discuss a variety of subjects, including: intentionality of the heart; the conscious creation of community; traditional root and cord healings; suffering and compassion; embodying the work; developing mastery; service through internship; and embracing research as a curiosity, discovery, and discernment.

The students spent time learning and beginning to develop protocol for working in acute situations related to dis-eases of the heart, and a group of five graduate students in World Service have begun planning a group internship and research project in either South Africa or Israel. It was wonderful to witness such enthusiasm and passion!

Everyone received invaluable teaching from Barbara as she led the class in amazing experiential exploration of energetic defenses and working in a group. We then practiced Barbara's teaching as the students responded to "mock" emergency situations related to either Integrative Medicine or World Service. It was great fun and wonderful learning.

All of us at BBSH are thrilled by the reponse to the program from both students and faculty. The Graduate School is wholly committed to heartfelt growing as it supports the mission of BBSH. We hope it will continue to enrich and touch the lives of all involved and beyond, bringing loving grace and healing to communities throughout the world.

There is so much to share about the week that perhaps the best way for you to get a sense of the program is from the Graduate Students themselves. So, I'll leave you with their words:

"...This is exactly what I had hoped for and more...It is different from the undergraduate school, yet it offers us the same profound depth...It is rich beyond what I had ever imagined...I love the spaciousness of the program...I feel really held as a professional...It is wonderful to be so supported and have the School be interested in me being out in the world...My sense of belonging here is so strong, and it is wonderful to be back at BBSH...I am so thrilled by the teachings and the experience, and so grateful..Thank you all for creating this amazing program."

The BBSH Graduate Class of 2001

Sherry Pae

Congratulations 1999 Graduates!

Jodi Alberts	Heide Hafke	Rosemary Parker
Nancy Aldrich-Wolf	Ingrid Haring	Melanie Parrish
Jean Alford	Shelley Harrison	Mary Pennicooke
Beverly Allen	Gay Hayashi	Jean Perkins
Patricia Austin	Antonia Herbstreit	Kate Pernice
Karina Becker	Susan Hewitt	Violet Peters
Anne Beckley	Lydia Hill	Sharon Phillips
Marla Bellscogin	Patricia Howard	Kitty Polder
Christi Bemister	Carol Howatt	Lara Polisky
Rosa Bergola	Bobbie Hutchinson	Dorothy Polsky
Marianne Bernhard-Asher	David Jenkins	Michele Potkin
Wim Bierman	Karin Johnston	Liz Reading
Sally Bishop	Jeanette Jones	Uta Reinbach
Telma Buarque	Andrea Jorger-Tacke	Beth Reiner
Matthew Byrne	Sten Karlstrom	Louise Richardson
Nancy Carson	Lynda Keegan	Mailey Rohner
Janna Childs	Mim Kellenberger	Steven Rosenberg
Loretta Chuzum	Susan Klaus	Francine Rubens
Teresa Coles	Alicia Kochan	Pia Sartorius
Celia Conaway	Gisela Koidl	Julie Schmit
Traci Cooper	Tannis Kristjanson	Linda Schriever
Ellen Cotter	Linda Kurtz	Dolores Schoup
Cathy Cree	Susan Lanier	Natasha Singer
Jeanmarie Crumb	Debra Ann LaPorta	Jean Smith
Donat Curdy	Susan Lazzarino	Laurie Solisz
Carol Curtis	Orlando Leal	Eileen Spillane
Joy D'Andrea	Mary Lee	Dorothy Standish
Deborah Dale	Barbara Leonard	Carol Stone
Martha Derbyshire	Jan Loeken	Vivian Hisae Suto
Jackie deVries	Petra Loesch	Rumi Takenouchi
Caryn Diel	Gail Loughlin	Wanda Taylor
Todd Dixon	Aldo Maffei	Price Temples
Marcia Donofrio	Annie Magill	Kathleen Thinnis
Donald Donofrio	Marcia Masood	Linda Thompson
Patty Dunks	Tom Mayer	Irene Tobler
Monica Durall Rivas	Cynthia McCormack	Gerry Tuten
Peggy Ebata	Tina McNeill	Steven Ullman
Suzanne Eder	Mary Dean Miller	Sarah Uziel
Sheryl Eldene	Susan Miller	Shepha Vainstein
Jo-Anne Elizabeth	Katherine Mitchell	Cheri Ann Valverde
Felix Ellis	Lorraine Moisan	Chantal van den Brink
Dick Ely	Marie-Therese Morin	Celia Vaz
Karla Fest	Sharon Muir	Clara Vlaander
Luciano Fioravanti	Rebekah Mulhare	Mark Wald
Catherine Fitzmaurice	Suzie Nault	Kerri Wallace-Reilly
Nivea Forozanfar	Edward Neal	Lynne Wasson
Sandra Foster	Jill Nelson	Renate Weber
Linda Furrow	Leslie Newman	Marian Webster
Alice Giubellini	Wini Nimrod	Christine Whaite
Aline Godon	Deborah Noeker	Elsbeth Willecke
Paule Guerard	Denise O'Connor	Johanna Wright
William Guilfoyle	Sarah Page	Saralee Zakroff
		Thomas Zukas

Hello BBSH Alumni,

Do you feel the calling to be a Teacher Trainee at the Barbara Brennan School of Healing? Are you ready to take the leap into the unknown? If so, as the new Department Head of Teacher Training, I want to invite you to enquire about our upcoming Teacher Training Program! Applications for one of the most unique opportunities in the world can be requested from:

Dean Ramsden Telephone: 914-679-4928
85 Lewis Hollow Road E-mail: deanr@attglobal.net
Woodstock, NY 12498

I look forward to the opportunity to work with you and to watching you grow even further... With love, Dean Ramsden

WEB UPDATES

The BBSH International Directory of Healers appears on our web site in addition to the annual July printing. If you need to update your listing, please send the new information in writing to the BBSH office, or by E-mail (registrar@barbarabrennan.com), or by fax (631-329-0298). All changes must be sent to the attention of the Registrar. Updates will be posted to the web site in January and July. Deadline for changes is May 1st.

GLOBAL EVENTS 2000

DATE	LOCATION
January 28 - 30	San Francisco, CA
March 3 - 5	Washington, DC
March 24 - 26	Boston, MA
April 7 - 9	Chicago, IL
April 21 - 23	Tokyo, Japan
May 12 - 14	Manhattan, NY
July 21 - 23	Pittsburgh, PA

Call the office (631-329-0951, x128) for your complimentary ticket to the Friday evening lecture.

Alumni News from Marcia Klam

Dear Alumni,

Every time I arrive at the Legends Hotel I am thoroughly excited at the prospect of another new school week. All of you can remember, I'm sure, how it feels to be among friends, classmates, teachers and seekers, anticipating new discoveries and sharpening your perceptions. I am never disappointed. I find that to be pretty amazing.

One of the best, sweetest times in the school week is when the alumni begin showing up. There is laughter and hugging in the halls and familiar voices sharing experiences that have grown from the BBSH experience. People show up from recent graduating classes and from even further back than me (if you can believe it).

But while all this is wonderful for those of you who live within driving distance or who happen to be in the area during the school week, it doesn't help all of you who live far away. This newsletter is for you. It's a dream that has been a long time in the planning.

Sometimes I hear from an alumni who wants to share good news or just wants to touch base with us at BBSH. I always want to share that news with all of you. You are invited to write me (584 New Boston Road, Hampton, New York 12837), call me (518-642-9257), or E-mail me (Marciaklam@aol.com). We will try to include as much of your news as possible. You can find us at barbarabrennan.com and then click on alumni1. We hope to feature alumni news.

Love and kisses,

Marcia Klam
Alumni Director

INSIDE YOU THERE IS AN ARTIST

by Elizabeth Andes Bell
Assistant Department Head, Creative Arts

This year, the Creative Arts curriculum has expanded. In addition to the new CA Skills, which are designed to help you somatize and embody your experience, there is a new class entitled Art as Healing. In it, we are exploring the relationship between healing and creative expression. We are looking at the role of expressive art therapy in the healing room. We are also looking at the impact of transformative practice on art and artists.

Art as Healing gives the student the opportunity to use visual art, sound, and movement to revive his/her creative imagination, to find images that create meaning where words will not, and to come to know more about his/her part in the great mysteries of life. We have started simply, focusing on the visual arts, giving students a format, a place to begin.

Class #1 was about building the container for your artist to emerge. Container building concerns the creation of safety so that one feels able to emerge, make mistakes and try again. This can trigger a host of psychodynamic issues, addressed in object-relations psychology, that the healer would do well to understand. We spoke of ways the adult self builds the container that can hold a new image of the self as an agent of creativity, such as developing a personal aesthetic, noticing what moves you, and using ceremony (to set space, time, and intention and to invoke the muse). We explored drawing as energy, not as representational. Using charcoal drawing pencils and newsprint sketchpads, we scribbled drew each other's energy after we danced it, smelled it, heard it. We also explored ways to shift perception, to let go of what we know so that we can see what is really there. Wonderful exercises for seeing as an artist include contour drawing (drawing the shape of

what you see without looking at the page) and negative space drawing (not drawing the object, but, the space around it).

In Class #2, we introduced color with oil pastels. Color drawing is a wonderful way to unlock emotion. Eventually color drawing can nurture the ability to unlock deep resources of feeling. Inevitably, we create images from these drawings. We already think in images, but when these images are birthed from deep feeling, they become the symbolic language of our imagination.

*Inside you there is an artist you don't know about...
Say yes quickly, if you know, if you've known it
From before the beginning of the universe - Rumi*

In the remaining classes this year, we will develop feeling-expression into more personal content. We will excavate our depths for the "fertile image" that can be woven into a personal mythology. We will be working with clay and making story boxes. Class #5 will deal with art as meditation. We will be chanting, creating mandalas, writing channeled verse, and doing body prayer.

Art as Healing is meant to open new possibilities for students. We hope that they will explore these mediums on their own. It also serves as support for the Art Project.

Beginning this year and in every year, students are required to create an original work of art that in some way reflects their healing journey. Projects are due in Class #4. Visual work will be displayed in a student art show all week. Performance work will be shown on Thursday evening.

1999/2000 SCHOOL CALENDAR

UNDERGRADUATE STUDIES

Legends Hotel, McAfee, NJ	
Class #1	Oct 18 - 23, 1999
Class #2	Dec 7 - 11, 1999
Class #3	Mar 14 - 18, 2000
Class #4	May 2 - 6, 2000
Class #5	Jun 13 - 17, 2000

GRADUATE STUDIES

Legends Hotel, McAfee, NJ	
Week #1	Oct 18 - 23, 1999
Week #2	Mar 14 - 18, 2000
Week #3	Jun 13 - 17, 2000

ALUMNI

When each class meets, the Alumni are invited to the Friday morning Heyoan channeling, the Friday afternoon meeting from 2:00-5:00pm, and on Saturday to the Whole School Healing Meditation followed by healings with each other.